



COMMUNIQUE 2

Cancer Pain Assessment Study (CPAS) Update: May 2019

Dear Investigator Team,

This Communique is to provide you with an update of the Cancer Pain Assessment Study (CPAS). Since we last met, we made some great progress with this study which is detailed below.



CONCORD CENTRE FOR PALLIATIVE CARE HAS FINISHED THE INTERVENTION

Recruitment is now complete at our first site. Eighteen staff members from Concord Centre for Palliative Care have completed the intervention and data has been collected for Time 2. We are beginning preliminary analysis and expect the final Time 3 audit to take place in early June.



HAMMONDCARE SITES TO PARTICIPATE THIS YEAR

We are pleased to report that three sites in the HammondCare group have committed to participating in CPAS this year. Thanks to the enthusiasm of the Nurse Educators and clinical staff at HammondCare Neringah (Wahroonga) we are one month ahead of schedule, and started recruitment on May 21. Sites at Braeside and Greenwich will begin between June and August and data collection will conclude by the end of the year.

RECENT PUBLICATIONS

The study protocol paper was submitted to *Trials* in August 2018, and published on 18 January 2019:

- Phillips, J.L., Heneka, N., Lovell, M., Lam, L., Davidson, P., Boyle, F., McCaffrey, N., Fielding, S. and Shaw, T., 2019. A phase III wait-listed randomised controlled trial of novel targeted inter-professional clinical education intervention to improve cancer patients' reported pain outcomes (The Cancer Pain Assessment (CPAS) Trial): study protocol. *Trials*, 20(1): 62.

The systematic review paper was submitted to *Medical Teacher* in 2018, and is currently in press:

- Phillips JL, Heneka N, Bhattaria P, Fraser C, & Shaw T. (2018). Effectiveness of the spaced education pedagogy for clinician CPD: A systematic review (In Press: *Medical Teacher*).

NEW STAFF MEMBER

We are joined by a new Research Assistant, Isabelle Schaefer, in preparation for the new sites beginning research activities later this year. Isabelle has just finished an RA position at UNSW investigating the efficacy of an education program about dementia for primary school aged children.

Isabelle will be working with Nicole Heneka to facilitate the CPAS study.



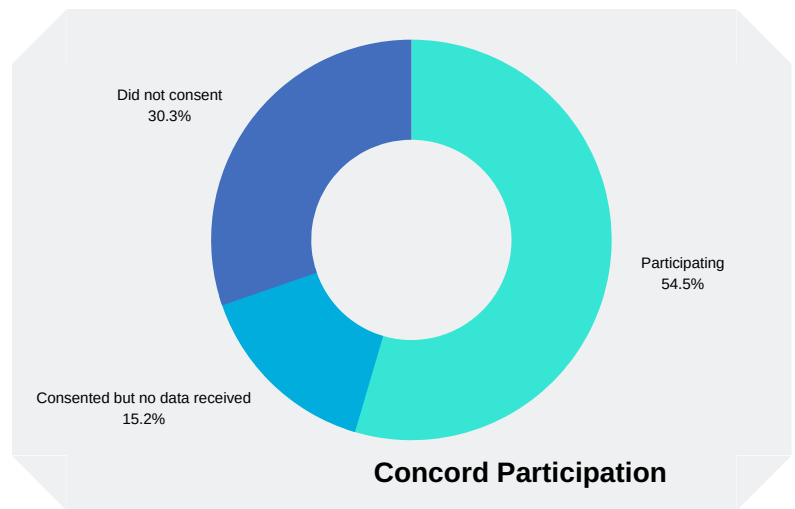
ELIGIBLE PARTICIPANTS

We aim to have ninety clinical staff participating in the CPAS study.

Initial T1 chart audits for Neringah and Greenwich Hospitals have now been completed. Many thanks to Sally Fielding for her assistance. Active recruitment for these sites has begun and we aim to implement the intervention in May and June.

Of eligible participants at Concord Centre for Palliative Care, 70% of clinical staff consented to participate in the study. However, 15% did not complete all study components.

We continue to work on recruiting new sites through the HammondCare network and the broader community.



RUTH LILIAN, OAM

MEMBER OF THE INVESTIGATOR TEAM, TCRN CONSUMER

Ruth Lilian is part of the Investigator team and is a Translational Cancer Research Network Consumer. Ruth has been consulting closely with the CPAS team on the project since the start of the funding round.

I have lived most of my life in Australia, since emigrating from the UK as a child. My first encounter with cancer was when my aunt was diagnosed with breast cancer in the early 80's. She was fortunate as her surgery was successful but, as her daughter lived in Melbourne, we being her closest family became her support group. Next came my dad in the late 80's when he was diagnosed with bowel and liver cancer without any symptoms, other than my noticing that the whites of his eyes were somewhat yellow.

Within six months, dad passed away and, during those months, I was the mover and shaker from our family to ensure that his treatment plan, his day to day needs, along with my mum, were taken care of. The last couple of months we were with him constantly as well as for my mum as both parents were inseparable and it was hard to comprehend that my father was dying when he was only 67. Since my father passed away, I have been very involved with other members of our family with cancer as well as dear friends who have lost their fight.

My career path had taken me in to conference management, specialising in the medical and scientific world. For a period of fifteen years, I managed the conferences for Medical Oncology Group Australia, followed by Clinical Oncological Society of Australia, Trans-Tasman Radiation Group, Urologic Group, Cancer Nurses Society, and a number of other cancer specialty groups.

Just on two years ago I noticed a call-out for consumers to join the advisory group of the TCRN and put my calling card in. I was accepted in to the group and have had the pleasure of working with committed and energetic researchers all wanting to make the world of cancer a better place for the patient. My interest in palliative care research is primarily because I want to see a better outcome for those having to go through this difficult stage and wherever possible, have a better experience in managing their pain. We have come a long way, but there is still lots more to be done.

I very much enjoy the interaction with the research team and the opportunity to comment on all that is taking place, hopefully providing some ideas, from the consumer who is on the outside looking in.

