

# U@Uni Academy badge: Reflection

**Congratulations on earning your Reflection badge. You have demonstrated 21st century skills – valuable skills that you will use as you move on to further study and work post-high school.**

You can include this achievement in your portfolio and CV. Educational institutions, organisations and employers are looking for individuals with 21st century skills: highly valued qualities in our rapidly changing world and workforce.

When applying for post-school study, or your first job, you can use the following descriptions in your applications or interviews to demonstrate the skills you have gained. These are what you were assessed against in order to achieve your badge – so you have skills listed below – congratulations!



The person who has earned this badge has demonstrated 21st century reflection skills, which include: the capacity to express their personal progress and changes in thinking during the learning journey; evidencing this through well-structured and clearly expressed written form.

### **Badge criteria**

- clearly describe the personal context of reflection
- demonstrate self-awareness
- show growth of understanding
- show evidence of insightful analysis
- examine a situation from multiple perspectives
- propose changes and future actions