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| --- | --- | --- |
| Type of interaction add or delete rows as needed | Date or approximate date | Method of communication in person, text message, phone call, email, online, etc. |
| Initial conversation to introduce Climate Heroes and develop Action Plan |  |  |
| Remote check-in (optional) to provide encouragement and remind participant of the upcoming follow-up conversation |  |  |
| Follow-up conversation #1 to review progress on Action Plan and provide support |  |  |
| Remote check-in (optional)  |  |  |
| Follow-up conversation (#2)  |  |  |
| Remote check-in (optional)  |  |  |
| Final conversation to discuss outcomes and reflect |  |  |