|  |  |  |
| --- | --- | --- |
| Type of interaction  add or delete rows as needed | Date  or approximate date | Method of communication  in person, text message, phone call, email, online, etc. |
| Initial conversation  to introduce Climate Heroes and develop Action Plan |  |  |
| Remote check-in (optional)  to provide encouragement and remind participant of the upcoming follow-up conversation |  |  |
| Follow-up conversation #1  to review progress on Action Plan and provide support |  |  |
| Remote check-in (optional) |  |  |
| Follow-up conversation (#2) |  |  |
| Remote check-in (optional) |  |  |
| Final conversation  to discuss outcomes and reflect |  |  |