

## 2026 Health Subject Guide

### Study Abroad and Exchange

Study Abroad and Exchange students may choose subjects from more than one faculty at UTS.

This guide highlights our most popular Health subjects. You can also search for other subjects and majors using the [UTS Handbook](#) and [UTS Health website](#).

Subjects offered in other faculties may carry different credit point values. Be mindful of this when choosing your subjects. Final enrolment into subjects is conditional upon class availabilities and completion of the online enrolment process.

### When can I study?

Study Abroad and Exchange is available:

Period	Category	Period	Category
February – June	A: Autumn Session	July – November	S: Spring Session

**Please note:** Some of the subjects you want to undertake from the list may not be available in your intake session. To confirm subject availability, please search the relevant subject codes in the [UTS Timetable Planner](#).

In the Timetable Planner, "AUT" refers to Autumn Session, and "SPR" refers to Spring session.

#### For Health subjects:

The UTS Academic Year operates on four separate calendars, **Main Calendar**, **Calendar B**, **Calendar C** and **Calendar D**. Most faculties offer all subjects within the **Main Calendar only**. UTS Health offers subjects in Calendar B. Please refer [here](#) for academic calendar dates.

### What can I study?

#### Pre-approved subject list

This is a great place to start! All subjects in this list are:

- **Pre-approved** and automatically added in your study plan
- No need to include them in your application
- You can **self-enrol** once you activate your student account
- **No additional subject assessments** required
- You can even choose subjects **outside your study area**, as long as it's permitted by your home university

#### Faculty assessed subjects

All subjects from this list require prior knowledge. You will need to:

- List the subjects in your application
- Check prerequisite in the UTS [UTS Handbook](#)
- Demonstrate that you have the prior skills and knowledge necessary to undertake the subject (academic transcript and subject outline)

#### Notes:

Each subject will be individually assessed by the faculty for approval and it can take up to 6 weeks.

## Faculty assessed subjects

**Key:** (Information included: Subject Number, Subject Name, Level and Session offered)

- **L1** (Level 1) Usually undertaken in first year (similar to 100 level, introductory level)
- **L2** (Level 2) Usually undertaken in second year (similar to 200 level, prior knowledge is required)
- **L3** (Level 3) usually undertaken in third year (similar to 300 level, advanced level)

### Undergraduate Subjects

- Students with no prior Health background should start with the [pre-approved subject list](#).
- Undergraduate students are not permitted to study postgraduate subjects.
- All subjects have prerequisite(s).
- \*c indicates that this subject can be taken simultaneously as a [corequisite\(s\)](#).
- Practicums and Internships in Sport and Exercise courses are not available.
- **Moore Park precinct:** Some Sport and Exercise Science and Management subjects are offered at the [UTS Moore Park precinct](#). The precinct is connected to the City Campus by light rail or a 25-minute walk.

Nursing			Sport and Exercise – Spring Session (July – November)		Level	Prerequisites*
<a href="#">93201</a>	Foundations of Nursing Practice	L1 A				
<a href="#">93202</a>	Preparation for Clinical Practice	L1 A				
<a href="#">93205</a>	Health and Society	L1 S	<a href="#">92521</a>	Functional Anatomy (Moore Park precinct)*	L1	
<a href="#">93203</a>	Healthcare Communication	L1 A	<a href="#">92542</a>	Applied Biomechanics (Moore Park precinct)*	L2	<a href="#">92511</a>
<a href="#">93212</a>	Indigenous Health and Well Being	L2 S	<a href="#">92543</a>	Exercise Prescription (Moore Park precinct)*	L2	<a href="#">92512*c</a> , <a href="#">92521</a>
Sport and Exercise - Autumn Session (February – June)						
<a href="#">91429</a>	Physiological Bases of Human Movement (Faculty of Science)	L1	<a href="#">92544</a>	Health Promotion and Physical Activity (Moore Park precinct)	L2	<a href="#">92523</a>
<a href="#">92530</a>	Sport and Exercise Psychology (Moore Park precinct)	L2	<a href="#">92547</a>	Nutrition for Health and Physical Activity (Moore Park precinct)	L2	
<a href="#">92533</a>	Exercise Physiology (Moore Park precinct)	L2	<a href="#">92563</a>	Applied Exercise Physiology (Moore Park precinct)*	L3	<a href="#">92533</a>
<a href="#">92536</a>	Research Methods for Sport and Exercise (Moore Park precinct)	L2	<a href="#">92565</a>	Skill Acquisition (Moore Park precinct)	L3	
<a href="#">92555</a>	Motor Learning and Control (Moore Park precinct)	L2				
<a href="#">92553</a>	Complex Exercise Management (Moore Park precinct)*	L3				<a href="#">92523</a>
<a href="#">92562</a>	Exercise Medicine and Rehabilitation (Moore Park precinct)	L3				<a href="#">92521</a>