

↓ TYPE OF EXERCISE	↓ OVERVIEW	↓ AIM OF EXERCISE	⌚ 30 MIN APPROX.
Getting acquainted.	<ul style="list-style-type: none"> > Students share personal information with their fellow group members about their likes and dislikes of group work. > Exercise is run after groups have been formed. Best run straight after formation. 	<ul style="list-style-type: none"> > To encourage students to get to know their fellow group members. > To encourage groups to develop norms. 	

“GETTING TO KNOW YOU” GROUP EXERCISE

Procedure

- ① Have students sit together in their groups.
- ② Give each student a copy of handouts 1 & 2.
- ③ Have students complete handout 1 (My fellow group members). To complete this sheet, students will need to have a group discussion and interview each other. Allow students to organise this process themselves.
- ④ When finished, have students read the questions on handout 2 (Some things to think about...). If time permits, groups should hold a discussion based on these questions.
- ⑤ Give groups one copy of handout 3 (The members of our group are...). Have the group complete this sign-up sheet and hand it back to you. This is for your records.

De-briefing

- > By the end of this exercise, students should know valuable information about their fellow group members (eg. their likes, dislikes, strengths and weaknesses). Students need to think about how they can use this information to benefit their group. For example, how can the strengths of each member be brought out and how can the weaknesses be managed.
- > A debriefing overhead sheet is provided in this exercise set to facilitate class discussion.

Note

- > The table on handout 1 only has room for 5 people. Students will need an additional sheet if there is more than 6 members in their group.

ADAPTED FROM:

Harshman & Phillips (1996). **Team Training: From Startup to High Performance**. McGraw-Hill: New York, NY.

A QUICK DEBRIEF

What was the purpose of this exercise?

- > To help you learn more about your fellow group members

What did you learn about the other members of your group?

- > A strength and weakness
- > A like and dislike
- > The mark they are hoping to achieve

How can this information help your group function more effectively?

- > Need to utilise people's strengths and likes
- > Need to be aware of people's weaknesses and dislikes (and try to manage them)

MY FELLOW GROUP MEMBERS

The names of my fellow group members are ...						
What do they like most about group work?						
What do they dislike most about group work?						
What makes them a good team player?						
What makes them a bad team player?						
What mark are they hoping to achieve for our project?						
Their contact details are ...						

SOME THINGS TO THINK ABOUT

(AND DISCUSS WITH YOUR FELLOW GROUP MEMBERS)

> How can the likes of each member be brought out in your group?

> How can you avoid the dislikes emerging?
What will you do if they emerge?

> How can each person's strengths be brought out?

> How can you avoid their weaknesses coming into play?
Ask your fellow group members now. Don't wait until it happens!

